

Mrs. Skinner

Pre-K



My favorite Mister Rogers quote:

"It's not so much what we have in this life that matters. It's what we do with what we have."

Something I do that makes me feel happy:

Spending time with my family makes me super happy. My hobbies also help me to create that happy feeling. They include baking and cooking, reading books and creating items by knitting or quilting.

Something I do when I feel sad or afraid:

When I feel sad or afraid I help myself by taking deep breaths and thinking calm thoughts. I also find that I can talk to a trusted friend.

Some of my favorite things include:

Dark chocolate, half/half tea from Sonic, and different types of nuts. I love Mexican food!

Let's make the most of this

BEAUTIFUL
day!
FRED ROGERS

Mrs. Smith

Pre-K



Something I do that makes me feel happy:

Going on walks or playing outside with my Husband and daughter. I also love cooking and knitting.

Something I do when I feel sad or afraid:

I take a deep breath and listen to music.

My favorite Mister Rogers quote:

We all have different gifts, so we all have different ways of saying to the world who we are.

Some of my favorite things include:

- Chuy's queso!
- Sonic sweet tea
- Coffee (caramel macchiato)
- Dark chocolate

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BEAUTIFUL
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FRED ROGERS

Ms. Martinez

Pre-K



My favorite Mister Rogers quote:

"Won't you be my neighbor?"

Something I do that makes me feel happy:

I love to journal, draw or create digital art. I also enjoy watching my plants grow a little more each week.

Something I do when I feel sad or afraid:

I hug my dogs or watch a good movie. Cozy blankets always help.

Some of my favorite things include:

Fancy pens, matcha lemonades / lattes, succulents, home decor, popcorn and Target but that is technically a place.

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FRED ROGERS

Mrs. Lopez

Pre-K



My favorite Mister Rogers quote:

"We all have different gifts,
so we all have different
ways of saying to the world
who we are."

Something I do that makes me feel happy:

Spending time with my daughter
Jenny and my son Andy makes me
feel very happy.

Something I do when I feel sad or afraid:

When i feel sad or afraid I like to talk
to my daughter jenny, she makes
me feel better and watching funny
movies help me too.

Some of my favorite things include:

Coffee, and my dog ASHY, my
fish blueberry and
Any kind of Chocolate.

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Mrs. Coppock

Pre-K



My favorite Mister Rogers quote:

Knowing that we can be loved exactly as we are gives us all the best opportunity for growing into the healthiest of people.

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Something I do that makes me feel happy:

Eating ... I love to eat donuts, cake, anything yummy! I also love to spend time with my friends and family, and travel to new places. Sitting on the couch and binge watching shows, is also my happy place!

Something I do when I feel sad or afraid:

Eat!! It seems i'm an emotional eater lol. If i'm sad I may call my Mum to talk to, or put on a movie, to distract myself. If i'm scared, its usually weather related, so you would find me and my dogs hiding in the closet.

Some of my favorite things include:

*My family and dogs.
Donuts, chocolate, cake, ... I think I must be hungry writing this ..
Coffee
Marshalls
Amazon!! 'What is in these packages that keep arriving ???'
- Mr. C "I have no idea!" - Me!*

Mrs. Butler

Pre-K



My favorite Mister Rogers quote:

"How sad It Is that we give up on people who are just like us."

Something I do that makes me feel happy:

Spending time with the Family.
Going out to dinner
Making our kids happy
Being the best wife and mother
Possible
"Netflix" "Pool"

Something I do when I feel sad or afraid:

"Pray About It"
Order on Amazon
Order Pizza and Brownies

Some of my favorite things include:

Dinner and movie night
with Hubby

Being active in my kids
school and sports

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FRED ROGERS

Mrs. Walker

Pre-K



My favorite Mister Rogers quote:

"Play is often talked about as if it were a relief from serious learning. But for Children play IS serious learning. Play is really the work of childhood"

Something I do that makes me feel happy:

I enjoy being physically active ,whether that be inside a gym or out in nature. It always provides me a peaceful happiness

Something I do when I feel sad or afraid:

When I am sad one of the first things I try to do is focus on 3 things I am grateful for. I believe it's the little things in life that bring us the most joy , so in times of sadness or fear reminding myself of the little things helps me focus on the good.

Some of my favorite things include:

Strawberry cream slush from sonic , kettle popcorn, lip gloss, funny t-shirts and socks and anything that makes exercise fun.

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FRED ROGERS

Mrs. Stark

Pre-K



My favorite Mister Rogers quote:

"You can never go down the drain."

Something I do that makes me feel happy:

Running, yoga, awkwardly dancing, making people laugh, working with people I love, eating random snacks, reading, gardening, voting, getting mail, taking pictures of my cats

Something I do when I feel sad or afraid:

Snuggle with my cats, meditate, listen to music, dig in the dirt

Some of my favorite things include:

Cats, books, dark chocolate, chips that aren't Fritos, COFFEE, plants, miniature food, rainbows, walking downtown in big cities

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BEAUTIFUL
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FRED ROGERS

Mrs. Castaneda

Pre-K



My favorite Mister Rogers quote:

"Love is like infinity: You can't have more or less infinity, and you can't compare two things to see if they're 'equally infinite.' Infinity just is, and that's the way I think love is, too."

Something I do that makes me feel happy:

Start My Day with Gratitude
Hugs and Klisses
Laugh Every Day
Cooking for my Family
Dancing
Working in Cross Oaks w/Family

Something I do when I feel sad or afraid:

I sing when I am sad.
Watch funny movies to make me smile
Cuddling my Dog
Pray

Some of my favorite things include:

Go to The Beach.
Have Movie Marathons with my family.
Culinary Explorer
{Different Cuisines}
Go Boating.
Road Trips
Being Spontaneous

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